

## **453.6 - MEDICATION ADMINISTRATION PROCEDURES**

Students requiring medication to be administered by school personnel shall be identified by their parents or guardians to the Principal and/or the Health Care Coordinator. Adult students may self-identify their needs to Principal and/or Health Care Coordinator.

### **A. Authorization for School Personnel to Administer Medication to Students**

The Principal shall designate, in writing, the names of appropriate school personnel who will have the authority to administer medications to students in a manner consistent with all relevant policies and procedures.

1. The Principal may make a general designation of authority (a) for a health care coordinator serving the District to administer any medication by any means permitted within the scope of the individual's training; and (b) for other school personnel to administer medication via ingestion, eye drops, ear drops, topical application, an inhaler, and/or an epinephrine auto-injector, provided that the individual has completed any applicable state-mandated training. Nothing in this paragraph prevents, in certain cases, a principal or health care coordinator serving the schools from expressly limiting the personnel who will have authority to administer particular medication to a particular student.
2. In the event any school personnel other than a health care coordinator will be asked to administer other medication to students not covered by a general designation under the previous paragraph, the principal shall make case-by-case determinations of the school personnel who will have the authority to administer such medications, and ensure that such personnel have completed applicable state-mandated training. A registered nurse serving the school or other health care professional shall assist the principal in ensuring that such personnel receive any additional instruction, support and supervision as may be appropriate.
3. No school personnel, other than a health care professional, shall be involuntarily required to administer medication to students by any means other than ingestion. However, a health care coordinator serving the school must decline to perform any medical act or service which the health care coordinator is not competent to perform due to lack of education, training or experience.
4. If a student requires assistance from school personnel in the administration of any medication or through any means that constitutes the delegation of a nursing act, or any other specialized health care services that constitutes the delegation of a nursing act, it shall be the responsibility of a health care coordinator serving the school to: (a) delegate such tasks to appropriate school personnel, with proper authorization from the building principal; and (b) ensure that school personnel engaging in such activities receive appropriate training,

instruction and supervision.

5. All school personnel authorized to administer medication to students shall receive a copy of the District's administering medication to student's policy and a copy of these procedures.

## B. Administration of Prescription Medication

Except for the specific emergency situations identified below, authorized school personnel will administer a prescription drug to a student only if all of the following conditions are met:

1. The school has received written consent from the student's parent(s) or guardian(s) for designated school personnel to administer medication to the student in the dosage prescribed by the health care practitioner. "Health care practitioner" is defined as any physician, dentist, optometrist, physician assistant, advanced practice nurse prescriber or podiatrist.
2. The school has received written instructions from the student's health care practitioner regarding the administration of the prescribed medication. These instructions shall include the medication name, dose, route, frequency, time/conditions, duration and the health care practitioner's name and contact information. Where applicable or where requested by school personnel, such instructions may also include relevant precautions, information about possible reactions and/or interventions, and the circumstances under which the health care practitioner should be contacted.
3. The prescription medication is supplied to the school in the original pharmacy-labeled package and it specifies the name of the student, the name of the prescriber, the name of the prescription drug, the dose, the effective date, and the directions in a legible format.
4. If the prescription medication is required to be injected into the student, inhaled by the student, rectally administered to the student, or administered into a nasogastric tube, a gastrostomy tube or a jejunostomy tube, the school personnel designated to administer the medication to the student has completed any DPI-approved training required for administering medication through that particular means prior to administering the medication to the student. Such training is not required for health care professionals (e.g., registered nurses).

## C. Administration of Glucagon or Epinephrine by School Personnel in Emergency Situations

School personnel who have been authorized to do so in writing and who have

received applicable state-mandated training may administer glucagon or epinephrine to a student in an emergency situation if all of the requirements for the administration of a prescription medication, as defined in the previous section, have been met, or under the following additional special circumstances:

1. With respect to glucagon, such school personnel may administer glucagon to any student who the school bus driver, employee, or volunteer knows is diabetic and who appears to be experiencing a severe low blood sugar event with altered consciousness if, as soon as practicable, the person administering the drug reports the event by dialing the telephone number "911" or, in an area in which the telephone number "911" is not available, the telephone number for an emergency medical service provider.
2. With respect to epinephrine, such school personnel may use an epinephrine auto-injector to administer epinephrine to any student who appears to be experiencing a severe allergic reaction if, as soon as practicable, the person administering the drug reports the allergic reaction by dialing the telephone number "911" or, in an area in which the telephone number "911" is not available, the telephone number for an emergency medical service provider

#### Administration of Nonprescription (Over-the-Counter) Medication

Authorized school personnel will administer nonprescription drug products to a student only if all of the following conditions are met:

1. The parent or guardian has provided the appropriate school personnel with written consent and instructions.
2. If the nonprescription medication is supplied by the student's parent or guardian, it is supplied in the original manufacturer's package, and the package lists the ingredients and recommended therapeutic dose in a legible format. School personnel may administer nonprescription medication to a student in a dosage other than the recommended therapeutic dose only if the request to do so is accompanied by the written approval of the student's health care practitioner.

If the nonprescription medication is required to be injected into the student, inhaled by the student, rectally administered to the student, or administered into a nasogastric tube, a gastrostomy tube or a jejunostomy tube, the school personnel designated to administer the nonprescription medication to the student has completed any DPI-approved training that is required for administering medication through that particular means prior to administering the medication to the student. Such training is not required for health care professionals (e.g., registered nurses).

#### D. Student Possession and Use of Inhalers and Epinephrine Auto-Injectors

An asthmatic student may possess (carry) and use a metered dose inhaler or dry powder inhaler while in school or at a school-sponsored activity under the supervision of a school authority if all of the following conditions are met:

1. the student uses the inhaler before exercise to prevent the onset of asthmatic symptoms or uses the inhaler to alleviate symptoms;
2. the student has the written approval of the student's physician and, if the student is a minor, the written approval of the student's parent or guardian; and
3. written approval(s) are on file in the school records.

A student may possess (carry) and use an epinephrine auto-injector (e.g., EpiPen®) if all of the following conditions are met:

1. the student uses the epinephrine auto-injector to prevent the onset or alleviate the symptoms of an emergency situation;
2. the student has the written approval of his/her physician and, if the student is a minor, written approval of the student's parent or guardian; and
3. written approval(s) are on file in the school records.

When providing the required approvals to building principals for students to possess and use their inhalers or epinephrine auto-injectors, parents and guardians and physicians should consider the student's knowledge of his/her medication and his/her ability to use the inhaler or epinephrine independently. If the physician or parent or guardian determines that it is appropriate to have assistance from school personnel in administering the inhaler or epinephrine auto-injector medication to the student in any emergency or non-emergency situations, the medication must be administered in accordance with procedures outlined above for the administration of prescription medication.

#### E. Student Possession and Use of Other Prescription and Nonprescription Medication

Responsible students, as determined by the agreement of the parent or guardian and building principal and in consultation with a nurse serving the school as needed, may be permitted to possess and self-administer medications other than asthma inhalers and epinephrine auto-injectors without first obtaining written practitioner approval for such self-administration. The following factors, among others, will be considered in determining whether a student will be granted this permission:

1. The type of medication;
2. The reason for medication;

3. The age of the student; and
4. The responsibility of the student, including but not limited to compliance with all dosage and administration instructions provided by the manufacturer and/or the student's practitioner, compliance with all school rules and regulations relating to the presence of drugs in the schools, and the student's ability to provide for the safe and appropriate storage of the medication.

Although exceptions may be considered, this section regarding permission for self-administration of medication is intended to apply primarily to such requests by high school students. For students under the age of 18, a parent or guardian will provide the District with a signed, written statement of consent for self-administration by the student that identifies the name of the medication.

Any permission granted under this section may be revoked by the District, or withdrawn by the parent or guardian, at any time.

#### F. Medication Storage and Disposal

All prescription and nonprescription student medication in the District's possession shall be kept in a safe and secure location(s). Medication will be stored to maintain quality in accordance with the manufacturer's or health care practitioner's storage instructions.

Medication which needs to be accessible to the student will be stored in an appropriate location per student need.

For field trips and other co-curricular or extracurricular activities held off school premises, student medication will be stored in a secure location determined appropriate by the activity supervisor, keeping in mind the manufacturer's or health care practitioner's storage instructions.

Parents and guardians will be asked to pick up any unused portions of prescription and nonprescription medications within three (3) days after completion of the school year or when the student's medications have been discontinued. Unused medications will not be sent home with students with parent/guardian permission.

Student medications that have reached their expiration date and medications that have not been picked up by the student's parent or guardian will be disposed of in a safe and proper manner in accordance with DPI's [Guidelines for Disposal of Medications in the Schools](#).

#### G. Recordkeeping

The building principal and health care coordinator are responsible for maintaining written records of the school personnel who have been authorized to administer

medication to students and of documentation of staff completion of all required training courses (including the dates on which such training occurred).

Upon receipt of a student's medication at the school, school personnel will document the date of receipt, the type of medication, and verify the amount of medication supplied to the school. The person receiving the medication shall ensure that the student's name is affixed to the package of any nonprescription drug product.

The written consents and instructions from the student's parent or guardian and from the health care practitioner, the medication supply documentation, and the staff training documentation required above will be kept on file in the school. The Health Care Coordinator will review the medication administration instructions received from the health care practitioner and/or parent or guardian prior to school personnel administering medications to help ensure the safety of students. In addition, a registered nurse serving the school will review the written instructions from the student's parent or guardian annually or more often if changes in medication dosage occur.

School personnel shall maintain the confidentiality of student health and medication administration-related records in accordance with applicable state and federal laws and regulations and the District's student records policy and procedures.

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