



Did You Know?



Americans consume 160 bowls of cereal per person every year.

What are the two things you can't have for breakfast?

Lunch & Dinner.

September 2021

Auburndale School District Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	Welcome Back Kids	1 Strawberry Pop Tart, Gripz, Cheese Stick, Craisin, Juice, Applesauce & Milk	2 Chocolate Chip Oatmeal Bar, Bug Bites, Gogurt, Raisins, Juice, Applesauce & Milk	3 Fruity Cheerio Bar, Gripz, Cheese Cubes, Craisin, Juice, Applesauce & Milk
6 No School Labor Day	7 Chocolate/Banana Oat Round, Gripz, Cheese Stick, Raisins, Juice, Applesauce & milk	8 Golden Graham Bar, Bug Bites, Gogurt, Craisin, Juice, Applesauce & Milk	9 Chocolate Chip Muffin, Gripz, Cheese Cubes, Raisins, Juice, Applesauce & Milk	10 Cinnamon & Sugar Pop Tart, Bug Bites, Cheese Stick, Craisin, Juice, Applesauce & Milk
13 Apple/Cinnamon Oat Round, Griz, Gogurt, Raisins, Juice, Applesauce & Milk	14 Blueberry Muffin, Bug Bites, Cheese Stick, Craisin, Juice, Applesauce & Milk	15 Kix Cereal Bowl, Gripz, Cheese Cubes, Raisin, Juice, Applesauce & Milk	16 Chocolate/Banana Breakfast Bar, Bug Bites, Gogurt, Craisin, Juice, Applesauce & Milk	17 Cinnamon Toast crunch Bar, Gripz, Cheese Stick, Raisin, Juice, Applesauce & Milk
20 Apple Cinnamon Muffin, Bug Bites, Cheese Cubes, Raisins, Juice, Applesauce & Milk	21 Alpha Bit Cereal Bowl, Gripz, Gogurt, Craisin, Juice, Applesauce & Milk	22 Strawberry Pop Tart, Bug Bites, Cheese Stick, Raisin, Juice, Applesauce & Milk	23 Chocolate Chip Oatmeal Bar, Gripz, Cheese Cubes, Craisin, Juice, Applesauce & Milk	24 No School
27 Apple/Blueberry breakfast Bar, Bug Bites, Gogurt, Raisins, Juice, Applesauce & Milk	28 Chocolate/Banana Oat Round, Gripz, Cheese Stick, Craisin, Juice, Applesauce & Milk	29 Golden Graham Bar, Bug Bites, Cheese Cubes, Raisin, Juice, Applesauce & Milk	30 Chocolate Chip Muffin, Gripz, Gogurt, Craisin, Juice, Applesauce & Milk	

Grab-n-go breakfasts offered at MS/HS

This institution and the USDA are equal opportunity providers.

Menus are subject to change.



Did You Know?

The most stolen food in the world is cheese.

Honey never goes bad.

What did one plate say to the other plate??

Lunch is on me!!

September 2021

Auburndale School District Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	Welcome Back Kids	1 Turkey or Ham Lunch Kit, Goldfish Crackers, Pudding Cup, Veggies, Fruit & Milk	2 Soft Shell Taco, Dinner Roll, Taco Bar, Veggies, Fruit & Milk	3 Sloppy Joe on a Bun, Curly Fries, Green Beans, Veggies, Fruit & Milk
6 No School Labor Day	7 BBQ Pork Rib on a Bun, Corn, Veggies, Fruit & Milk	8 Mac & Cheese, Dinner Roll, Baked Beans, Veggies, Fruit & Milk	9 Hamburger on a Bun, French Fries, Green Beans, Veggies, Fruit & Milk	10 French Toast Sticks, Hash Brown, Yogurt, Veggies, Fruit & Milk
13 Chicken Patty on a Bun, Green Beans, Veggies, Fruit & Milk	14 Mini Corn Dogs, Cookies, Baked Beans, Veggies, Fruit & Milk	15 Pepperoni Pizza, Goldfish Crackers, Veggies, Fruit & Milk	16 Italian Pasta Bake, Bread Stick, Corn, Veggies, Fruit & Milk	17 Pancakes, Scrambled Eggs, Hash Brown, Veggies, Fruit & Milk
20 Chicken Nuggets, Fried Rice, Corn, Veggies, Fruit & Milk	21 Baked Potato w/ BBQ, Toppings Bar, Dinner Roll, Veggies, Fruit & Milk	22 Cheese Quesadilla's, Santa Fe Vegetables, Veggies, Fruit & Milk	23 Chicken Noodle Soup, Dinner Roll, Green Beans, Veggies, Fruit & Milk	24 No School
27 Taco Rounds, Toppings Bar, Spanish Rice, Veggies, Fruit & Milk	28 Spaghetti w/ Meat Sauce, Bread Stick, Green Beans, Veggies, Fruit & Milk	29 Hot Ham & Cheese, Sweet Potato Fries, Cole Slaw, Veggies, Fruit & Milk	30 <u>Elem.</u> - Chicken Chow Mein <u>MS/HS</u> - Kung Po Chicken <u>Both</u> - Fortune Cookie, Oriental Vegetables, Veggies, Fruit & Milk	

High school options: extra entrée, garden bar, additional fruit and grain daily.

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